

Upper Peninsula

# FOOD *as* MEDICINE

*Prescription for Health*

**Receive \$300 worth of fresh fruits and vegetables!**

**Qualifying individuals receive \$15 in produce vouchers for 20 weeks.**

Additional vouchers may be available by participating in qualified nutrition education programs. Qualifying individuals are at risk for or diagnosed with a chronic health condition, face economic barriers to food access and are 18 years of age or older. Must have a referral from a participating health practitioner.

**Vouchers can be used at area farmers markets.**

**For a complete list of participating markets, scan the QR code or visit [upcap.org/program/food-as-medicine](http://upcap.org/program/food-as-medicine)**



Generously supported by



## KEY PARTNERS

Upper Peninsula Commission for Area Progress (UPCAP), The Upper Peninsula Health Plan, Marquette Food Co-op, UP Food Exchange, Lions Club of Michigan, Michigan State University Extension, Upper Peninsula Health Care Solutions, Upper Great Lakes Family Health Center, Alcona Health Center, Public Policy Associates, Feeding America West Michigan, Bay Mills Indian Community, Alger County Farms for Folks, Northern Michigan University Center for Rural Health, West End Health Foundation, Eastern U.P. Food Summit, Helen Newberry Joy Hospital, Inter-Tribal Council Michigan, LMAS District Health Department, Michigan Health Endowment Fund, Minogin Market, Ski Country Farm, Portage Health Foundation, Keweenaw Bay Indian Community, Gogebic Range Health Foundation